AMERICAN EMBASSY, ISLAMABAD –
MEDICAL FACILITIES & PHYSICIANS

1. **SHIFA INTERNATIONAL HOSPITAL LTD**
   Address: Sector H-8/4, Islamabad
   Phone: (051) 460 3666
   FAX: 4863182

2. **PAKISTAN INSTITUTE OF MEDICAL SCIENCES - ADULT HOSPITAL**
   Address: Sector G-8/3, Islamabad
   Phone: 9261170 (main switchboard)
   Hotline: 926 1268 / 926 1269
   Assistant Director on-call – 926 0470

3. **KULSUM INTERNATIONAL HOSPITAL**
   Address: Kulsum Plaza, 42 Blue Area, Islamabad
   Phone: 8446666
   Fax: 051-2870365

4. **Emergency Ambulance Service 1122**
   Address: CDA Care Hospital, G-6/2, Melody Islamabad

5. **Federal Government of Pakistan Poly Clinic Hospital (Post Graduate Medical Institute) Islamabad**
   Address: Sector G-6, Islamabad
   Phone: 051-9218301-051-9218303 (main switchboard)
MEDICAL SPECIALISTS ISLAMABAD

ALLERGY / ASTHMA / IMMUNOLOGY

Dr. Shahid Abbas, Consultant Allergy
X-Chief, Allergy & CTDRD, National Institute of Health (NIH)
Clinic: “Allergy Centre and DNA Lab”, Khyber Plaza, Blue Area
Phone: 227-5210
allergycentre@hotmail.com

ANESTHESIOLOGISTS

Dr. Shawkat Mohammad Ali Matabdin, Anesthesiologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Dr. Harris R. Baig, Anesthesiologist
Affiliation: Shifa International Hospital, H-8/4
Phone: (051) 460-3666

CARDIOLOGISTS

Dr. Habib-Ur-Rahman
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666
Clinic: 460-3123, 460-3124 FAX: 486-3182

Dr. Mumtaz Khan
Affiliation: Quaid Azam International Hospital, Islamabad
Clinic: Dr. Shazli Clinic, House, 52, Street 54, F-7/4, Islamabad

Dr. Iqbal Saifullah Khan, Cardiologist
Clinic: Kulsum Hospital, Cardiovascular Clinic, 3rd Floor, Kulsum Plaza, 42 Blue Area
Phone: (051)227-1154

Dr. M. Arshad Khan, Cardiologist, Internist
(Aviation Medicine Specialist)
Clinic: 20, First St., F-6/3, Islamabad
8 am to 2 pm and 5 pm to 6:30 pm
Phone: (051)282-9666/287-6866, Fax: (051) 2270066

DENTISTS/ORTHODONTISTS/ORAL SURGEON/PERIODONTISTS

Dr. Samina & Junaid Niazi, Associates, Dentists
Clinic: House # 3, Street 24, 7th Ave, F-6/2, Islamabad
Phone: (051) 227 4300-2, Hrs. 9 am - 5 pm
Updated on 31st March 2016
Fax: 051-2271459

Dr. Amin ur Rahman, Periodontist and Implantology
Clinic: Rahman & Rahman Dental Surgeons
No. 6-A, Street 54, F-8/4
Phone: (051) 225 2963 / (051) 225 2983, FAX: 225 3069

Dr. Noeen Arshad, Pediatric Dentistry/Orthodontist
Clinic: Suite 12, Karakoram Enclave 2, Main double Road, F-11/1
Phone: (051) 211-2737
9 pm - 5 pm (except Sat. & Sun.)

Dr. Shahid Mahmood, Endo-Dentist / Restorative Dental Surgeon
1st Clinic: Dental Profiles
House 170-B, Street 68, F-10/3, Islamabad
Ph.: (051) 229-9991

2nd Clinic: G-5 Diplomatic Enclave, Star Plaza next to Gloria Jeans coffee, Islamabad
Phone: (051) 2832000

Dr. Raja Mustafa Hyder, Orthodontist
Work: (morning hours) KRL Hospital, Islamabad
Ph.: (051) 926 7151-54, Ext. 3287
Clinic:
House 4, Street 13, F-8/3, Islamabad
Ph.: (051) 2856 420

Dr. Abrar –Ul-Hussnain Syed, Implantologist/ Dental Surgeon
Clinic: Dr. Abrar and Associates
House 6-A, Ismail Zabeeh Road, F-8/3, Islamabad
Ph.: (051) 228-7691 / 228-7692 / Fax: 228-7693

Dr. Naushin Aslam Chaudhri, Orthodontist
Affiliation: The Specialist Clinic, IDC Plaza F-8, Islamabad
Ph.: (051)281-7064

DERMATOLOGISTS

Dr. Hamid Zeb, Dermatologist
Affiliation:
Clinic: 'The Specialist Clinic’, 18-D, Mushtaq Mansion, Blue Area,
Hrs.: 6 pm - 8 pm. Phone: 227 8747 / FAX: 922 4377

Dr. Samina Sohail, Dermatologist
The Aesthetic Laser Clinic
Nazimuddin Road, F 8/4, house 76
Phone: (051)225-2017

Dr. Nosheeba Salman, Aesthetic Dermatologist
Updated on 31st March 2016
Affiliation: IDC
F-8 Markaz
Phone: (051) 281-7272

Dr. Ikram Ullah Khan, Dermatologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Dr. Rashid A. Chaudhry, Dermatologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460 3666

Dr. Rahat Ullah Khan Khattak, Dermatologist
Clinic: Flat No.2, Second Floor, Khyber Plaza
Blue Area, Islamabad
Phone: (051)280-4199/234-7316
Timings: (Morning: 10am – 12:30am – Evening: 5:00pm – 8:00pm)

ENDOCRINOLOGY

Dr. Nasim Yousaf, Endocrinologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Dr. Shaheen Nazli Endocrinologist
Clinic: House # 680, Street 32, Bahria Town Phase v, Islamabad
Tel.: (051)573-2361
Friday Sunday - Full day, with appointment
Mon Tue Thu Sat 6:00 - 8:00 p.m. with appointment

Dr. M. Saleem Qureshi, Diabetologist
The Diabetes and Liver Clinic:
11 Hill Road, F-6/2. 5:00 pm -10:00pm (Monday-Thursday)
Phone: 282-5659

GASTROENTEROLOGISTS

Dr. Nasir Khokhar, Gastroenterologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Dr. Abdul Nadir, Gastroenterologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Prof. Dr. Asghar A. Durrani, Gastroenterologist/Hepatology
Affiliation: Fauji Foundation Hospital, Rawalpindi
Phone: 051-5788150
Clinic: Iftikhar Eye Hospital, Rashid Minhas Road, Rawalpindi
Dr. Javed Aslam Butt, Gastroenterologist
Affiliation: PIMS Hospital (morning)
Phone: 9261170, (direct) - 926 1198
Clinic: Kulsum International Hospital
Phone: 051- 844-6666

Dr. Amanullah Babar, Gastroenterologist/ Surgeon
Affiliation: Kulsum International Hospital
Phone: 051- 844-6666

INTERNISTS /General Practitioners

Dr. Shaukat M. Malik, Internist/Cardiologist
Clinic: 12, St.-30, F-6/1, Islamabad, 5.30 to 8.30 p.m.
Phone: 2828556
Ali Medical Center: 2255313 (morning hours)

Dr. Mazhar Mufti, Internist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

INTERNISTS /Infectious Diseases

Dr. Mahmud Haider Javid, Infectious diseases specialist
Affiliation: Islamabad Diagnostic Center, F-8, Islamabad
Phone: (051) 260 9333-4

NEPHROLOGISTS

Dr. Sayeed Ahmed Khawaja, Nephrologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Dr. Mujtaba Quadri, Nephrologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

NEUROLOGISTS

Dr. Ismail Khatri, Neurologist
Affiliation: Quaid-e-Azam International Hospital, Rawalpindi
(051) 8449100-59

Dr. Azhar Saeed, Neurologist
Affiliation: Shifa International Hospital
Timing: From 10am to 4pm
Updated on 31st March 2016

Dr. Ali Hasan, Neurologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Dr. Mohammad Tariq, Neurologist
Affiliation: PIMS Hospital
Phone: (051) 926 1170

**NEUROSURGEONS**

Dr. Inayat Ullah Khan, Neurosurgeon
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Dr. Khaleeq uz Zaman, Neurosurgeon
Affiliation: PIMS Hospital
Phone: 9261170
Clinic: Ali Medical Center (evenings)
Phone: 2255313

**OBSTETRICS/GYNECOLOGY**

Dr. Salma Kafeel Qureshi, OB/GYN
Clinic: House 11, St. 54, F-7/4, Islamabad
Phone: 265-5512 / 265-5513 (9:30 a.m. to 7:00 p.m.)

Dr. Yasmeen Mehmooda, OB/GYN
Affiliation: Medics Islamabad
1st Floor, Low Rise, Saudi Pak Tower
61-A Jinnah Avenue
Phone: 280-0111, Fax: 280-0112
www.medicsi.com

Dr. Khurshid S. Raja, OB/GYN
Affiliation: Shifa International Hospital, H-8/4
Phone: (051) 460-3666

Dr. Ghazala Mahmood, OB/GYN
Affiliation: Shifa International Hospital, H-8/4
Phone: (051) 460-3666

Dr. Afreen Sattar, OB/GYN
Affiliation: Islamabad International Airport
Phone: 051-928-80423

**ONCOLOGY/HEMATOLOGY**

Dr. Muhammad Ali Afridi
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666
OPHTHALMOLOGISTS

Dr. Zeba Ilyas Matin, Ophthalmologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Dr. Nadia Waheed, Retinal Specialist, and General Ophthalmology
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3091 or 460-3167

Prof. Dr. M. Yasin K. Durrani, Ophthalmologist
Affiliation: Rawalpindi Medical College/Rawalpindi General Hospital
Clinic: Capital Clinic, Shook Al-Hashar Plaza Basement, F-10/4 Markaz Islamabad
Phone: (051) 229-4192

Dr. Bashir Ahmed Chohan
Clinic: Chohan Eye Clinic, Nazim-ud-din Road, F-8/4
Phone: (051) 225-1882/225-5773, 8:30 a.m. – 12:30 p.m., 5:30 – 8:30 p.m.,

ORTHOPEDIC SURGEONS

Dr. Aly Khokhar, Orthopedic Surgeon
Affiliation: Capital Hospital Islamabad (mornings)
Phone: 9221534
Clinic: Mahroof Hospital, F-10

Dr. Sajjad Hassan Orakzai, (Head of the Department) Orthopedic
Affiliation: Shifa International Hospital, H-8
Timings: Morning
(051) 460-3666

Dr. Aamer Nabi Nur, Orthopedic Surgeon
Affiliation: Shifa International Hospital, H-8
Timings: Morning (10:30am – 3:00pm)
(051) 460-3666

Dr. Irfan Masud, Orthopedic and Trauma Surgeon
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone (051) 460-3666

Dr. Khalid Aslam, Orthopedic Surgeon
Affiliation: Quaid-e-Azam International Hospital, Rawalpindi
(051) 8449100-59

Dr. Imran Sikander Khan, Orthopedic /Trauma
Affiliation: Kulsum International Hospital
Timings: Evening (6:30pm – 9:00pm)
(051) 844-6666
Updated on 31st March 2016

Dexa Scan
Osteoporosis Diagnostic Center
Islamabad Private Hospital
38-E Zahoor Plaza, Blue Area
Phone: 227-2350/51
www.iph.com.pk
islamabadprivatehospital@gmail.com

OTOLARYNGOLOGISTS (ENT)

Dr. Mohammad Zafar Rabbani
Affiliation: Shifa International Hospital H-8/4
Phone: (051) 460-3666

Dr. Wajahat Bangash, ENT
Affiliation: PIMS Hospital (morning)
Phone: 9261170
Clinic: Hyder Clinic, # 26, St. 85, G-6/4
Phone: (051) 227 8495

Audiology Clinic
64 East Moscow Plaza, Blue area
Islamabad, PAKISTAN
Contact: Dr Irfan Ahmed
Telephone: (051) 234-8032

PEDIATRICS

Prof. Dr. Mumtaz Hassan, Pediatrics
Affiliation: PIMS – Children’s Hospital
Phone: (051)926-0450 ext. 2223

Dr. Ejaz Khan, Pediatric Infectious Disease
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460 3666

PHYSICAL THERAPIST

Anja Schmitz, Physiotherapist
House 11, Street 48, F-8/4

Salman Afzal, Physical Therapist, In-charge Neuro Rehabilitation Centre
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Ayesha Kamal Butt, Speech Therapist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666
Updated on 31st March 2016

PLASTIC SURGEONS

Dr. Saleem Malik, Plastic Surgeon
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

PSYCHIATRISTS

Dr. Ambreen A. Ahmad, M.D.
Child and Adult Psychiatrist.
Tel: (051) 831-1020

PULMONOLOGY

Dr. Shazli Manzoor, Pulmonary & Critical Care
Affiliation: Quaid-e-Azam International Hospital, Rawalpindi
(051) 8449100-59 PA: Shafique 0303-505-993 & 0331-5378141

Clinic: House #: 52 St: 54, F-7/4 Islamabad/In front of Dr. Salma Kafeel Clinic.
Timings: 5:00pm to 7:00 pm.

Dr. Aftab Akhtar, Pulmonary & Critical Care
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

RHEUMATOLOGY

Dr. Abid Farooqi, Rheumatologist
Affiliation: PIMS Hospital
Phone: (051) 926-1170
Clinic: Islamabad Rheumatology Clinic, 3rd Floor, G-8 Square, 12-M Markaz, G-8, Islamabad
Phone: (051)-234-0287 / 873-7350 (appointments). FAX: 051-873-2300

SURGEONS

Dr. Mohammad Aamir, General Surgeon
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666, 460-3231

Dr. Mohammad Shafique, General Surgeon
Affiliation: PIMS Hospital
Phone: (051) 926-1170.

Prof. Dr. Mohammad Mussadiq Khan, Vascular Surgeon
Affiliation: Holy Family Hospital, Rawalpindi
Phone: (051)929-0322
Visiting surgeon at Shifa International Hospital
Updated on 31st March 2016
Phone: (051) 460-3666

SOS REPRESENTATIVE IN ISLAMABD

Dr. Mohammad Arshad Khan, Cardiologist, Internist (Aviation Medicine Specialist)
Clinic: House 20, Street, 1 F-6/3, Islamabad
Phone: 282 9666 / 287 6866

UROLOGISTS

Dr. Syed M. Kamran Majeed, Urologist
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666 (Evening)
Fax No.: 051-486 3182

Dr. Saeed Akhtar, Urologist (Kidney Transplant Surgeon)
Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

VETERINARIANS

Dr. Tanveer Bukhari /Dr. Major Muniruddin
Clinic: PETS CLINIC, Adj. Riding Section, Islamabad Club
Phone: (051) 282-6388

Dr. Akmal Rana
Clinic: Shaheen Market, St. 14, E-7
Phone: (051)265-3157 (9:00 a.m. – 01:00 p.m.)

Dr. Faisal Khan (F/7)
(051)265-6366

OTHER SPECIALTIES:

DIAGNOSTIC LAB. AND RADIOLOGY CENTRE

Excel Labs
The Reshi Building, 110 Fazal-E-Haq Road, Blue Area
Phone: (051) 831-1000

Islamabad Diagnostic Centre (IDC)
13-A, Khayal Plaza, F-8 Markaz
Phone: 226 3737 / 226 3939, FAX: 225 1212
Lab, X-ray, CT Scan, MRI, MR Mammography, Standard Mammography (2000Rs), Bone Density (2000Rs), Echo & Doppler tests available.
Updated on 31st March 2016

**PODIATRIST**
Nasir Lodhi
Foot Comfort Services
F-8 Markaz (next to Ali Medical Center)
Phone: 2255490,

**CHEMISTS/PHARMACIES**

**SHAHEEN CHEMISTS**
Super Market, Islamabad
Phone: (051)282-4759 or 222-0337
287-4335
Blue Area: 227-1945

**D-WATSON CHEMISTS**
Super Market, Islamabad
Phone: (051)282-7001/282-3135 / 282-7534
287-7001 / 220-6001

**SHIFA HOSPITAL PHARMACY**
Sector H-8/4, Islamabad
Phone: (051)444-6801

**WILSON CHEMISTS**
Saddar - Near GPO, Rawalpindi
Phone: (051)556-4091

**FAZAL DIN & SONS, LAHORE:**
Rawalpindi Office:
10 Shalimar Plaza, Aziz Bhatti Road, Rawalpindi, Ph.: (051)556-6572