

Updated on 31st March 2016

**AMERICAN EMBASSY, ISLAMABAD –
MEDICAL FACILITIES & PHYSICIANS**

1. **SHIFA INTERNATIONAL HOSPITAL LTD**
Address: Sector H-8/4, Islamabad
Phone: (051) 460 3666
FAX: 4863182

2. **PAKISTAN INSTITUTE OF MEDICAL SCIENCES - ADULT HOSPITAL**
Address: Sector G-8/3, Islamabad
Phone: 9261170 (main switchboard)
Hotline: 926 1268 / 926 1269
Assistant Director on-call – 926 0470

3. **KULSUM INTERNATIONAL HOSPITAL**
Address: Kulsum Plaza, 42 Blue Area, Islamabad
Phone: 8446666
Fax: 051-2870365

4. **Emergency Ambulance Service 1122**
Address: CDA Care Hospital, G-6/2, Melody Islamabad

5. **Federal Government of Pakistan Poly Clinic Hospital (Post Graduate Medical Institute) Islamabad**

Address: Sector G-6, Islamabad
Phone: 051-9218301-051-9218303 (main switchboard)

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MEDICAL SPECIALISTS ISLAMABAD

ALLERGY / ASTHMA / IMMUNOLOGY

Dr. Shahid Abbas, Consultant Allergy

X-Chief, Allergy & CTDRD, National Institute of Health (NIH)

Clinic: "Allergy Centre and DNA Lab", Khyber Plaza, Blue Area

Phone: 227-5210

allergycentre@hotmail.com

ANESTHESIOLOGISTS

Dr. Shawkat Mohammad Ali Matabdin, Anesthesiologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Dr. Harris R. Baig, Anesthesiologist

Affiliation: Shifa International Hospital, H-8/4

Phone: (051) 460-3666

CARDIOLOGISTS

Dr. Habib-Ur-Rahman

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Clinic: 460-3123, 460-3124 FAX: 486-3182

Dr. Mumtaz Khan

Affiliation: Quaid Azam International Hospital, Islamabad

Clinic: Dr. Shazli Clinic, House, 52, Street 54, F-7/4, Islamabad

Dr. Iqbal Saifullah Khan, Cardiologist

Clinic: Kulsum Hospital, Cardiovascular Clinic, 3rd Floor, Kulsum Plaza, 42 Blue Area

Phone: (051)227-1154

Dr. M. Arshad Khan, Cardiologist, Internist

(Aviation Medicine Specialist)

Clinic: 20, First St., F-6/3, Islamabad

8 am to 2 pm and 5 pm to 6:30 pm

Phone: (051)282-9666/287-6866, Fax: (051) 2270066

DENTISTS/ORTHODONTISTS/ORAL SURGEON/PERIODONTISTS

Dr. Samina & Junaid Niazi, Associates, Dentists

Clinic: House # 3, Street 24, 7th Ave, F-6/2, Islamabad

Phone: (051) 227 4300-2, Hrs. 9 am - 5 pm

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Fax: 051-2271459

Dr. Amin ur Rahman, Periodontist and Implantology

Clinic: Rahman & Rahman Dental Surgeons

No. 6-A, Street 54, F-8/4

Phone: (051) 225 2963 / (051) 225 2983, FAX: 225 3069

Dr. Noeen Arshad, Pediatric Dentistry/Orthodontist

Clinic: Suite 12, Karakoram Enclave 2, Main double Road, F-11/1

Phone: (051) 211-2737

9 pm - 5 pm (except Sat. & Sun.)

Dr. Shahid Mahmood, Endo-Dentist / Restorative Dental Surgeon

1st Clinic: Dental Profiles

House 170-B, Street 68, F-10/3, Islamabad

Ph.: (051) 229-9991

2nd Clinic: G-5 Diplomatic Enclave, Star Plaza next to Gloria Jeans coffee, Islamabad

Phone: (051) 2832000

Dr. Raja Mustafa Hyder, Orthodontist

Work: (morning hours) KRL Hospital, Islamabad

Ph.: (051) 926 7151-54, Ext. 3287

Clinic:

House 4, Street 13, F-8/3, Islamabad

Ph.: (051) 2856 420

Dr. Abrar –Ul-Hussnain Syed, Implantologist/ Dental Surgeon

Clinic: Dr. Abrar and Associates

House 6-A, Ismail Zabeeh Road, F-8/3, Islamabad

Ph.: (051) 228-7691 / 228-7692 / Fax: 228-7693

Dr. Naushin Aslam Chaudhri, Orthodontist

Affiliation: The Specialist Clinic, IDC Plaza F-8, Islamabad

Ph.: (051)281-7064

DERMATOLOGISTS

Dr. Hamid Zeb, Dermatologist

Affiliation:

Clinic: 'The Specialist Clinic', 18-D, Mushtaq Mansion, Blue Area,

Hrs.: 6 pm - 8 pm. Phone: 227 8747 / FAX: 922 4377

Dr. Samina Sohail, Dermatologist

The Aesthetic Laser Clinic

Nazimuddin Road, F 8/4, house 76

Phone: (051)225-2017

Dr. Nosheeba Salman, Asthetic Dermatologist

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Affiliation: IDC

F-8 Markaz

Phone: (051) 281-7272

Dr. Ikram Ullah Khan, Dermatologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Dr. Rashid A. Chaudhry, Dermatologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460 3666

Dr. Rahat Ullah Khan Khattak, Dermatologist

Clinic: Flat No.2, Second Floor, Khyber Plaza

Blue Area, Islamabad

Phone: (051)280-4199/234-7316

Timings: (Morning: 10am – 12:30am – Evening: 5:00pm – 8:00pm)

ENDOCRINOLOGY

Dr. Nasim Yousaf, Endocrinologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Dr. Shaheen Nazli Endocrinologist

Clinic: House # 680, Street 32, Bahria Town Phase v, Islamabad

Tel.: (051)573-2361

Friday Sunday - Full day, with appointment

Mon Tue Thu Sat 6:00 - 8:00 p.m. with appointment

Dr. M. Saleem Qureshi, Diabatologist

The Diabetes and Liver Clinic:

11 Hill Road, F-6/2. 5:00 pm -10:00pm (Monday-Thursday)

Phone: 282-5659

GASTROENTEROLOGISTS

Dr. Nasir Khokhar, Gastroenterologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Dr. Abdul Nadir, Gastroenterologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Prof.Dr. Asghar A. Durrani, Gastroenterologist/Hepatology

Affiliation: Fauji Foundation Hospital, Rawalpindi

Phone: 051-5788150

Clinic: Iftikhar Eye Hospital, Rashid Minhas Road, Rawalpindi

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Call for appointments: 03215546289

Dr. Javed Aslam Butt, Gastroenterologist

Affiliation: PIMS Hospital (morning)

Phone: 9261170, (direct) - 926 1198

Clinic: Kulsum International Hospital

Phone: 051- 844-6666

Dr. Amanullah Babar, Gastroenterologist/ Surgeon

Affiliation: Kulsum International Hospital

Phone: 051- 844-6666

INTERNISTS /General Practitioners

Dr. Shaukat M. Malik, Internist/Cardiologist

Clinic: 12, St.-30, F-6/1, Islamabad, 5.30 to 8.30 p.m.

Phone: 2828556

Ali Medical Center: 2255313 (morning hours)

Dr. Mazhar Mufi, Internist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

INTERNISTS /Infectious Diseases

Dr. Mahmud Haider Javid, Infectious diseases specialist

Affiliation: Islamabad Diagnostic Center, F-8, Islamabad

Phone: (051) 260 9333-4

NEPHROLOGISTS

Dr. Sayeed Ahmed Khawaja, Nephrologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Dr. Mujtaba Quadri, Nephrologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

NEUROLOGISTS

Dr. Ismail Khatri, Neurologist

Affiliation: Quaid-e-Azam International Hospital, Rawalpindi
(051) 8449100-59

Dr. Azhar Saeed, Neurologist

Affiliation: Shifa International Hospital

Timing: From 10am to 4pm

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Dr. Ali Hasan, Neurologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Dr. Mohammad Tariq, Neurologist

Affiliation: PIMS Hospital

Phone: (051) 926 1170

NEUROSURGEONS

Dr. Inayat Ullah Khan, Neurosurgeon

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Dr. Khaleeq uz Zaman, Neurosurgeon

Affiliation: PIMS Hospital

Phone: 9261170

Clinic: Ali Medical Center (evenings)

Phone: 2255313

OBSTETRICS/GYNECOLOGY

Dr. Salma Kafeel Qureshi, OB/GYN

Clinic: House 11, St. 54, F-7/4, Islamabad

Phone: 265-5512 / 265-5513 (9:30 a.m. to 7:00 p.m.)

Dr. Yasmeen Mehmooda, OB/GYN

Affiliation: Medics Islamabad

1st Floor, Low Rise, Saudi Pak Tower

61-A Jinnah Avenue

Phone: 280-0111, Fax: 280-0112

www.medicsi.com

Dr. Khurshid S. Raja, OB/GYN

Affiliation: Shifa International Hospital, H-8/4

Phone: (051) 460-3666

Dr. Ghazala Mahmood, OB/GYN

Affiliation: Shifa International Hospital, H-8/4

Phone: (051) 460-3666

Dr. Afreen Sattar, OB/GYN

Affiliation: Islamabad International Airport

Phone: 051-928-80423

ONCOLOGY/HEMATOLOGY

Dr. Muhammad Ali Afridi

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

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OPHTHALMOLOGISTS

Dr. Zeba Ilyas Matin, Ophthalmologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

Dr. Nadia Waheed, Retinal Specialist, and General Ophthalmology

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3091 or 460-3167

Prof. Dr. M. Yasin K. Durrani, Ophthalmologist

Affiliation: Rawalpindi Medical College/Rawalpindi General Hospital

Clinic: Capital Clinic, Shook Al-Hashar Plaza Basement, F-10/4 Markaz Islamabad

Phone: (051)229-4192

Dr. Bashir Ahmed Chohan

Clinic: Chohan Eye Clinic, Nazim-ud-din Road, F-8/4

Phone: (051) 225-1882/225-5773, 8:30 a.m. – 12:30 p.m., 5:30 – 8:30 p.m.,

ORTHOPEDIC SURGEONS

Dr. Aly Khokhar, Orthopedic Surgeon

Affiliation: Capital Hospital Islamabad (mornings)

Phone: 9221334

Clinic: Mahroof Hospital, F-10

Dr. Sajjad Hassan Orakzai, (Head of the Department) Orthopedic

Affiliation: Shifa International Hospital, H-8

Timings: Morning

(051) 460-3666

Dr. Aamer Nabi Nur, Orthopedic Surgeon

Affiliation: Shifa International Hospital, H-8

Timings: Morning (10:30am – 3:00pm)

(051) 460-3666

Dr. Irfan Masud, Orthopedic and Trauma Surgeon

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone (051) 460-3666

Dr. Khalid Aslam, Orthopedic Surgeon

Affiliation: Quaid-e-Azam International Hospital, Rawalpindi

(051) 8449100-59

Dr. Imran Sikander Khan, Orthopedic /Trauma

Affiliation: Kulsum International Hospital

Timings: Evening (6:30pm – 9:00pm)

(051) 844-6666

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Dexa Scan

Osteoporosis Diagnostic Center
Islamabad Private Hospital
38-E Zahoor Plaza, Blue Area
Phone: 227-2350/51
www.iph.com.pk
islamabadprivatehospital@gmail.com

OTOLARYNGOLOGISTS (ENT)

Dr. Mohammad Zafar Rabbani

Affiliation: Shifa International Hospital H-8/4
Phone: (051) 460-3666

Dr. Wajahat Bangash, ENT

Affiliation: PIMS Hospital (morning)
Phone: 9261170
Clinic: Hyder Clinic, # 26, St. 85, G-6/4
Phone: (051)227 8495

Audiology Clinic

64 East Moscow Plaza, Blue area
Islamabad, PAKISTAN
Contact: **Dr Irfan Ahmed**
Telephone: (051) 234-8032

PEDIATRICS

Prof. Dr. Mumtaz Hassan, Pediatrics

Affiliation: PIMS – Children's Hospital
Phone: (051)926-0450 ext. 2223

Dr. Ejaz Khan, Pediatric Infectious Disease

Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460 3666

PHYSICAL THERAPIST

Anja Schmitz, Physiotherapist

House 11, Street 48, F-8/4

Salman Afzal, Physical Therapist, In-charge Neuro Rehabilitation Centre

Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

Ayesha Kamal Butt, Speech Therapist

Affiliation: Shifa International Hospital, H-8/4, Islamabad
Phone: (051) 460-3666

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PLASTIC SURGEONS

Dr. Saleem Malik, Plastic Surgeon

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

PSYCHIATRISTS

Dr. Ambreen A. Ahmad, M.D.

Child and Adult Psychiatrist.

Tel: (051) 831-1020

PULMONOLOGY

Dr. Shazli Manzoor, Pulmonary & Critical Care

Affiliation: Quaid-e-Azam International Hospital, Rawalpindi

(051) 8449100-59 PA: **Shafique 0303-505-993 & 0331-5378141**

Clinic: House #: 52 St: 54, F-7/4 Islamabad/In front of Dr. Salma Kafeel Clinic.

Timings: 5:00pm to 7:00 pm.

Dr. Aftab Akhtar, Pulmonary & Critical Care

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

RHEUMATOLOGY

Dr. Abid Farooqi, Rheumatologist

Affiliation: PIMS Hospital

Phone: (051) 926-1170

Clinic: Islamabad Rheumatology Clinic, 3rd Floor, G-8 Square, 12-M Markaz, G-8, Islamabad

Phone: (051)-234-0287 / 873-7350 (appointments), FAX: 051-873-2300

SURGEONS

Dr. Mohammad Aamir, General Surgeon

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666, 460-3231

Dr. Mohammad Shafique, General Surgeon

Affiliation: PIMS Hospital

Phone: (051) 926-1170,

Prof. Dr. Mohammad Mussadiq Khan, Vascular Surgeon

Affiliation: Holy Family Hospital, Rawalpindi

Phone: (051)929-0322

Visiting surgeon at Shifa International Hospital

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Phone: (051) 460-3666

SOS REPRESENTATIVE IN ISLAMABAD

**Dr. Mohammad Arshad Khan, Cardiologist, Internist
(Aviation Medicine Specialist)**

Clinic: House 20, Street,1 F-6/3, Islamabad

Phone: 282 9666 / 287 6866

UROLOGISTS

Dr. Syed M. Kamran Majeed, Urologist

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666 (Evening)

Fax No. : 051-486 3182

Dr. Saeed Akhtar, Urologist (Kidney Transplant Surgeon)

Affiliation: Shifa International Hospital, H-8/4, Islamabad

Phone: (051) 460-3666

VETERINARIANS

Dr. Tanveer Bukhari /Dr. Major Muniruddin

Clinic: PETS CLINIC, Adj. Riding Section, Islamabad Club

Phone: (051)282-6388

Dr. Akmal Rana

Clinic: Shaheen Market, St. 14, E-7

Phone: (051)265-3157 (9:00 a.m. – 01:00 p.m.)

Dr. Faisal Khan (F/7)

(051)265-6366

OTHER SPECIALITIES:

DIAGNOSTIC LAB. AND RADIOLOGY CENTRE

Excel Labs

The Reshi Building, 110 Fazal-E-Haq Road, Blue Area

Phone: (051) 831-1000

Islamabad Diagnostic Centre (IDC)

13-A, Khayal Plaza, F-8 Markaz

Phone: 226 3737 / 226 3939, FAX: 225 1212

Lab, X ray, CT Scan, MRI, MR Mammography, Standard Mammography (2000Rs), Bone Density (2000Rs), Echo & Doppler tests available.

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PODIATRIST

Nasir Lodhi
Foot Comfort Services
F-8 Markaz (next to Ali Medical Center)
Phone: 2255490,

CHEMISTS/PHARMACIES

SHAHEEN CHEMISTS

Super Market, Islamabad
Phone: (051)282-4759 or 222-0337
287-4335
Blue Area: 227-1945

D-WATSON CHEMISTS

Super Market, Islamabad
Phone: (051)282-7001/282-3135 / 282-7534
287-7001 / 220-6001

SHIFA HOSPITAL PHARMACY

Sector H-8/4, Islamabad
Phone: (051)444-6801

WILSON CHEMISTS

Saddar - Near GPO, Rawalpindi
Phone: (051)556-4091

FAZAL DIN & SONS, LAHORE:

Rawalpindi Office:

10 Shalimar Plaza, Aziz Bhatti Road, Rawalpindi, Ph.: (051)556-6572